

The Carrera Model: Successful Outcomes for Adolescents

April 15, 2002, New York, NY - This program highlighted the successes of Dr. Michael Carrera's innovative teen pregnancy prevention program. A national evaluation of the Children's Aid Society-Carrera model's holistic approach to teen pregnancy prevention has proven that the program reduces pregnancy rates among "high-risk" adolescent females, particularly those living in low-income communities. The program has been initiated at twelve sites in seven cities and employs a multifaceted approach that aims to help youth involved in the program develop personal goals and the desire for a productive future, as well as educating them about the consequences of sexual activity. With hopes to expand the scope of the program to include new sites and new cities, the CAS-Carrera model presents a great opportunity to affect teen pregnancy prevention efforts and increase positive results.



Speakers:

Michael Carrera, M.D., Director, Children's Aid Society-Carrera Adolescent Sexuality and Pregnancy Prevention Program

Jacqueline Williams Kaye, The Edna McConnell Clark Foundation, formerly of Philliber Research Associates

Factoids:

"While rates have dropped in recent years, more than 40% of teen girls still get pregnant before reaching the age of 20. That's double the rate in Great Britain and 10 times that in the Netherlands."

National Campaign to Prevent Teen Pregnancy

"These [evaluation] results allow the CAS-Carrera Program to join fewer than 10 programs that have shown to have an impact of teen pregnancy or birth rates. The program is one of only four that has been evaluated using random assignment design and achieving one of these impacts. This program has achieved both of these important results."

The National Evaluation of the Children's Aid Society Carrera-Model Program to Prevent Teen Pregnancy



In Attendance:

Over 20 members of the Population Resource Center Board of Directors, staff and invited guests